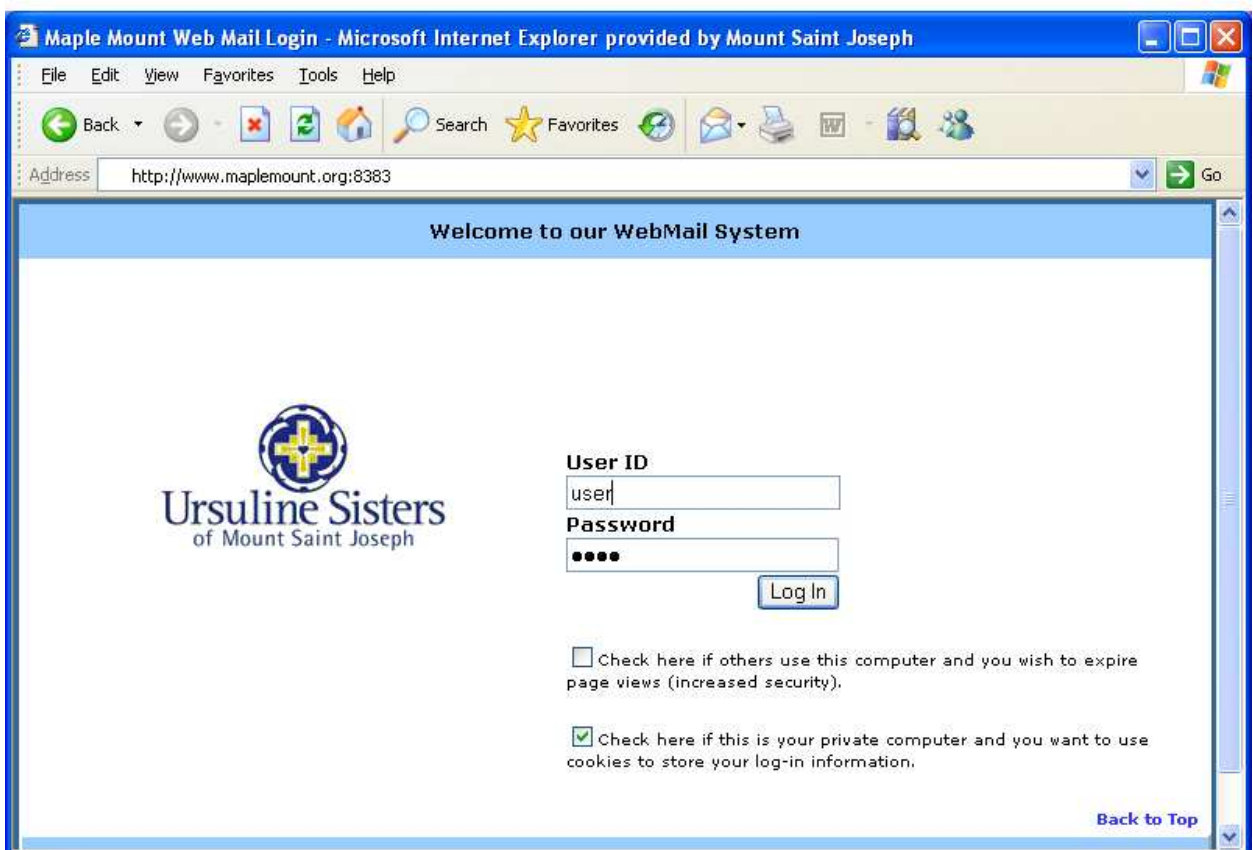


Instructions for going to the 'Maple Mount Web Mail' web page....

1. Open Internet Explorer or any other browser available to you (assuming you have Internet access).
2. In the 'Address Bar' field enter <http://www.maplemount.org:8383> and press the 'Enter' key or click 'go'.



3. The 'Login In' screen should appear.



4. Enter you ‘User ID’ and ‘Password’ and click the ‘Log In’ button..

Note: if you should have trouble reaching the ‘Web Mail Log In’ screen using the web address above then try using <http://65.82.91.194:8383>.

You can also go to <http://www.maplemount.org> and click on the “Go to Mount Saint Joseph Web Mail link and read you mail.

